

2018 SASA-II Age Group Championship - 3/19/2018 to 3/22/2018

Results

#11 Men 19&U 50 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Jan-Herman Els	18	GAUTE-CG	44.16
--- Daniel Makhubu	18	NW-NW	DQ

#11 Men 20&O 50 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Hylton Heggie	27	KZN-KZ	44.14
2 Sean O'Neill	33	KZN-KZ	45.48
3 Hannes-Walt DE Klerk	37	NW-NW	46.36
4 Karl Hebbelmann	30	KZN-KZ	49.51
5 Justyn Dama	22	GAUTE-CG	55.25
6 Jaco Jordaan	32	NW-NW	1:03.21
7 Jacques Dupoint	26	GAUTE-CG	1:05.74

#12 Women 19&U 50 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Zora Wegerif	16	GAUTE-CG	1:14.67
2 Minke Janse van Rensbu	13	WC-WP	1:14.70

#12 Women 20-29 50 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Melisa O'Neill	26	KZN-KZ	50.49
2 Rentia Oosthuizen	25	EP-EP	53.63
3 Leanette Nortje	29	NW-NW	1:13.99
4 Jade Plescia	28	NW-NW	1:44.44

#12 Women 30&O 50 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Jennifer Higgins	34	KZN-KZ	54.63

#13 Men 200 Meter Back Mix Disability			
Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	2:34.34
2 Raymond De Freitas	28	MP-MP	2:59.83
3 David Coates	39	KZN-KZ	3:02.20
4 Jaco Brits	17	MP-MP	3:28.59
5 Jan-Herman Els	18	GAUTE-CG	3:32.69

#14 Women 200 Meter Back Intellectually Impai			
Name	Age	Team	Finals Time
1 Cornelia Fowler	37	KZN-KZ	3:44.97
2 Lourette Seyffert	35	NW-NW	3:49.67
3 Bronwyn Ramathula	28	KZN-KZ	4:07.35
4 Nasyi Strauss	17	MP-MP	4:18.98
--- Mia Van der Merwe	19	WC-WP	DQ

#16 Women 200 Meter Back Downs Syndrome			
Name	Age	Team	Finals Time
1 Jennifer Higgins	34	KZN-KZ	3:47.17
2 Melisa O'Neill	26	KZN-KZ	3:56.81
3 Rentia Oosthuizen	25	EP-EP	4:22.46

#17 Men 19&U 25 Meter Free Relay Mix Disability			
Team	Relay	Finals Time	
1 KZN-KZ	A	1:03.72	
Lwandile Mvelase 18	Lyanda Zondo 16		
Owethu Hlongwane 13	Manqoba Gumede 16		
2 KZN-KZ	B	1:06.69	
Nkululeko Mkhwanazi 16	Brandon Roux 15		
Shaun Wilken 14	Mfanafuthi Mantengu 15		
3 GAUTE-CG	A	1:21.21	
Tumelo Tauhali 15	Thini Gorden 15		
Simeon Steyn 19	Thembinkosi Fundani 13		

4 GAUTE-CG			
Team	Relay	Finals Time	
C	1:23.35		
Bonolo Mathusi 14	Thembinkosi Oliphant 14		
Erwin Pouwels 13	Cornel Lourens 25		
--- GAUTE-CG	B	DQ	
Kamogelo Shawa 18	Mduduzi Magudulela 19		
Lindokuhle Xulu 15	Thato Motsai 19		

#17 Men 20&O 25 Meter Free Relay Mix Disability			
Team	Relay	Finals Time	
1 NW-NW	B	1:01.05	
Kamogelo Masele 20	Aubrey James 17		
Kutlwani Dlamini 15	Victor Davids 16		
2 NW-NW	A	1:04.32	
Charles Botha 34	Baren Davids 21		
Hannes Gouws 45	Mojalefa Molotsi 19		
3 MP-MP	A	1:11.96	
Gert Esterhuizen 17	Raymond De Freitas 28		
Jaco Brits 17	Keano Elvis 17		
4 NW-NW	C	1:12.70	
Hannes-Walt DE Klerk 37	Jaco Jordaan 32		
Shawn Combrinck 29	Pakiso Matlou 19		
--- NW-NW	D	DQ	
Stefan Erwee 31	Ryno van Rooyen 41		
Stephan Vorster 35	Daniel Makhubu 18		

#18 Women 20&O 25 Meter Free Relay Mix Disability			
Team	Relay	Finals Time	
1 NW-NW	C	1:30.62	
Sanet Du Plessis 40	Kellee Greig 31		
Marne Kock 19	Lourette Seyffert 35		
2 NW-NW	B	1:31.12	
Tony Ferreira 47	Mary-ann Venter 17		
Jade Plescia 28	Sanet Du Plessis DS 37		
3 MP-MP	A	1:39.29	
Charleen van Rooyen 17	Jade-Ann Hubbard 16		
Temoshos Monareng 17	Nadien Rawstome 15		
4 NW-NW	A	1:42.72	
Hetta Jacobs 29	Natasha Fobian 31		
Sharozade Brummer 35	Annemarie Flemming 36		

#19 Mixed 19&U 25 Meter Free Relay Mix Disability			
Team	Relay	Finals Time	
1 KZN-KZ	A	1:06.97	
Lwandile Mvelase M18	Bronwyn Ramathula W28		
Jennifer Higgins W34	Manqoba Gumede M16		

#19 Mixed 20&O 25 Meter Free Relay Mix Disability			
Team	Relay	Finals Time	
1 NW-NW	A	1:12.42	
Hetta Jacobs W29	Kutlwani Dlamini M15		
Tony Ferreira W47	Pakiso Matlou M19		
2 NW-NW	B	1:19.54	
Kamogelo Masele M20	Mary-ann Venter W17		
Stefan Erwee M31	Sanet Du Plessis DS W37		
3 MP-MP	A	1:36.20	
Okuhle Mke M17	Jade-Ann Hubbard W16		
Temoshos Monareng W17	Kamogelo Mapedi M15		
4 NW-NW	D	1:36.92	
Stephan Vorster M35	Natasha Fobian W31		
Mogomotsi Neube M20	Sharozade Brummer W35		
--- NW-NW	C	DQ	
Ryno van Rooyen M41	Jade Plescia W28		
Daniel Makhubu M18	Marne Kock W19		

#120 Men 400 Meter Free Mix Disability			
Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	4:46.84

2 Raymond De Freitas			
Name	Age	Team	Finals Time
28	MP-MP	5:14.23	
3 David Coates	39	KZN-KZ	5:34.11
4 Jan-Herman Els	18	GAUTE-CG	6:10.85
5 Hylton Heggie	27	KZN-KZ	6:43.88

#121 Women 400 Meter Free Mix Disability			
Name	Age	Team	Finals Time
1 Cornelia Fowler	37	KZN-KZ	6:13.63
2 Melisa O'Neill	26	KZN-KZ	6:20.61
3 Jennifer Higgins	34	KZN-KZ	6:57.08
4 Bronwyn Ramathula	28	KZN-KZ	7:02.55
5 Lourette Seyffert	35	NW-NW	7:09.68
6 Mia Van der Merwe	19	WC-WP	7:32.74
7 Aluska Brits	27	NW-NW	7:56.57

#122 Men 15&U 25 Meter Fly Intellectually Impai			
Name	Age	Team	Finals Time
1 Shaun Wilken	14	KZN-KZ	18.99
2 Kutlwani Dlamini	15	NW-NW	19.24
3 Mfanafuthi Mantengu	15	KZN-KZ	19.46
4 Phumlani Sibisi	15	KZN-KZ	22.49
5 Thini Gorden	15	GAUTE-CG	23.88
6 Smangaliso Ngeleka	13	KZN-KZ	24.85
7 Owethu Hlongwane	13	KZN-KZ	25.28
8 Tumelo Tauhali	15	GAUTE-CG	25.45
9 Lindokuhle Xulu	15	GAUTE-CG	30.00
--- Bonolo Mathusi	14	GAUTE-CG	DQ

#122 Men 16-19 25 Meter Fly Intellectually Impai			
Name	Age	Team	Finals Time
1 Mosi Kwebane	18	GAUTE-CG	16.18
--- Mduduzi Magudulela	19	GAUTE-CG	DQ
--- Kwanele Gumede	18	KZN-KZ	DQ

#123 Women 25 Meter Fly Intellectually Impai			
Name	Age	Team	Finals Time
1 Minke Janse van Rensbu	13	WC-WP	27.37
2 Zora Wegerif	16	GAUTE-CG	28.99
3 Annemarie Flemming	36	NW-NW	36.05

#124 Men 25 Meter Fly Downs Syndrome			
Name	Age	Team	Finals Time
1 Justyn Dama	22	GAUTE-CG	21.95
2 Cornel Lourens	25	GAUTE-CG	30.37
3 Stephan Vorster	35	NW-NW	33.62

#126 Men 100 Meter Fly Intellectually Impai			
Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	1:13.58
2 Raymond De Freitas	28	MP-MP	1:19.85
3 David Coates	39	KZN-KZ	1:21.12
4 Jaco Brits	17	MP-MP	1:28.33
5 Lyanda Zondo	16	KZN-KZ	1:45.93

#127 Women 100 Meter Fly Intellectually Impai			
Name	Age	Team	Finals Time
1 Bronwyn Ramathula	28	KZN-KZ	2:06.38
2 Nasyi Strauss	17	MP-MP	2:07.75

#128 Men 100 Meter Fly Downs Syndrome			
Name	Age	Team	Finals Time
1 Hylton Heggie	27	KZN-KZ	1:27.80
2 Sean O'Neill	33	KZN-KZ	1:33.75
3 Jan-Herman Els	18	GAUTE-CG	1:35.34

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#129 Women 100 Meter Fly Downs Syndrome			
Name	Age	Team	Finals Time
1 Jennifer Higgins	34	KZN-KZ	1:49.03
2 Melisa O'Neill	26	KZN-KZ	1:53.42
3 Rentia Oosthuizen	25	EP-EP	1:57.19

#230 Men 17&U 100 Meter Breast Intellectually Imp			
Name	Age	Team	Finals Time
1 Jaco Brits	17	MP-MP	1:37.03
2 Manqoba Gumede	16	KZN-KZ	1:40.65
3 Nkululeko Mkhwanazi	16	KZN-KZ	1:47.45
4 Lyanda Zondo	16	KZN-KZ	1:51.82
5 Gert Esterhuizen	17	MP-MP	2:04.90
6 Owethu Hlongwane	13	KZN-KZ	2:32.80

#230 Men 18-19 100 Meter Breast Intellectually Imp			
Name	Age	Team	Finals Time
1 Lwandile Mvelase	18	KZN-KZ	1:42.10

#230 Men 20&O 100 Meter Breast Intellectually Imp			
Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	1:16.45
2 Raymond De Freitas	28	MP-MP	1:30.92
3 Katlego Webster	23	NW-NW	1:37.52
4 David Coates	39	KZN-KZ	1:40.81
5 Bongani Letsebe	21	MP-MP	2:01.39

#231 Women 19&U 100 Meter Breast Intellectually I			
Name	Age	Team	Finals Time
1 Mia Van der Merwe	19	WC-WP	2:18.65
2 Mariska Dercksen	17	MP-MP	2:20.97
--- Nasyi Strauss	17	MP-MP	DQ

#231 Women 20&O 100 Meter Breast Intellectually I			
Name	Age	Team	Finals Time
1 Cornelia Fowler	37	KZN-KZ	1:52.17
2 Aluska Brits	27	NW-NW	2:00.87
3 Bronwyn Ramathula	28	KZN-KZ	2:18.66
4 Lourette Seyffert	35	NW-NW	2:31.91
5 Nonjabulo Mbozini	22	EP-EP	3:11.58

#232 Men 29&U 100 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Jan-Herman Els	18	GAUTE-CG	1:40.28
2 Hylton Heggie	27	KZN-KZ	1:41.95

#232 Men 30&O 100 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Sean O'Neill	33	KZN-KZ	1:39.64
2 Karl Hebbelmann	30	KZN-KZ	1:49.79
3 Hannes-Walt DE Klerk	37	NW-NW	1:50.15
4 Jaco Jordaan	32	NW-NW	2:11.77

#233 Women 100 Meter Breast Downs Syndrome			
Name	Age	Team	Finals Time
1 Melisa O'Neill	26	KZN-KZ	1:46.56
2 Rentia Oosthuizen	25	EP-EP	1:56.73
3 Jennifer Higgins	34	KZN-KZ	2:01.49

#234 Men 15&U 50 Meter Free Intellectually Impai			
Name	Age	Team	Finals Time
1 Shaun Wilken	14	KZN-KZ	37.40
2 Brandon Roux	15	KZN-KZ	40.19
3 Kutlwanom Dlamini	15	NW-NW	42.07
4 Phumlani Sibisi	15	KZN-KZ	42.11
5 Thini Gorden	15	GAUTE-CG	44.11

6 Thembinkosi Oliphant	14	GAUTE-CG	44.86
7 Kamogelo Mapedi	15	MP-MP	47.05
8 Bonolo Mathusi	14	GAUTE-CG	49.16
9 Tumelo Tauhali	15	GAUTE-CG	50.55
10 Owethu Hlongwane	13	KZN-KZ	51.18
11 Luthando Dwenga	15	EP-EP	52.15
12 Thembinkosi Fundani	13	GAUTE-CG	53.89
13 Anele Dlakiya	14	EP-EP	55.28
14 Lona Sisulu	14	EP-EP	57.52
15 Smangalisso Ngeleka	13	KZN-KZ	1:00.55
--- Lindokuhle Xulu	15	GAUTE-CG	DQ
--- Mfanafuthi Mantengu	15	KZN-KZ	DQ

#234 Men 16-17 50 Meter Free Intellectually Impai			
Name	Age	Team	Finals Time
1 Manqoba Gumede	16	KZN-KZ	31.49
2 Jaco Brits	17	MP-MP	32.39
3 Lyanda Zondo	16	KZN-KZ	33.65
4 Victor Davids	16	NW-NW	33.73
5 Gert Esterhuizen	17	MP-MP	34.69
6 Aubrey James	17	NW-NW	34.76
7 Keanu Alves	17	MP-MP	35.41
8 Cleavant Arends	16	GAUTE-CG	35.47
9 Tyron Coetzee	16	MP-MP	35.91
10 Sipamandla Bambatha	16	EP-EP	38.23
11 Nkululeko Mkhwanazi	16	KZN-KZ	39.07
12 Okuhle Mke	17	MP-MP	43.58

#234 Men 18-19 50 Meter Free Intellectually Impai			
Name	Age	Team	Finals Time
1 Mosi Kwebane	18	GAUTE-CG	33.26
2 Lwandile Mvelase	18	KZN-KZ	33.36
3 Pakiso Matlou	19	NW-NW	37.29
4 Kwanele Gumede	18	KZN-KZ	38.85
5 Mduduzi Magudulela	19	GAUTE-CG	54.83
--- Kamogelo Shawa	18	GAUTE-CG	DQ

#234 Men 20-29 50 Meter Free Intellectually Impai			
Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	28.50
2 Raymond De Freitas	28	MP-MP	32.11
3 Katlego Webster	23	NW-NW	33.34
4 Baren Davids	21	NW-NW	33.44
5 Bongani Letsebe	21	MP-MP	38.53
6 Kamogelo Masele	20	NW-NW	41.03
7 Shawn Combrinck	29	NW-NW	41.54

#234 Men 30&O 50 Meter Free Intellectually Impai			
Name	Age	Team	Finals Time
1 David Coates	39	KZN-KZ	34.41
2 Charles Botha	34	NW-NW	34.85
3 Hannes Gouws	45	NW-NW	38.13

#235 Women 19&U 50 Meter Free Intellectually Imp			
Name	Age	Team	Finals Time
1 Mia Van der Merwe	19	WC-WP	39.27
2 Nasyi Strauss	17	MP-MP	48.63
3 Nadien Rawstome	15	MP-MP	49.72
4 Mariska Dercksen	17	MP-MP	51.02
5 Charleen van Rooyen	17	MP-MP	51.11
6 Temosho Monareng	17	MP-MP	1:09.67
7 Jade-Ann Hubbard	16	MP-MP	1:12.39

#235 Women 20-29 50 Meter Free Intellectually Imp			
Name	Age	Team	Finals Time
1 Aluska Brits	27	NW-NW	39.18
2 Bronwyn Ramathula	28	KZN-KZ	39.78
3 Hetta Jacobs	29	NW-NW	46.70
4 Nonjabulo Mbozini	22	EP-EP	55.08

#235 Women 30&O 50 Meter Free Intellectually Imp			
Name	Age	Team	Finals Time
1 Cornelia Fowler	37	KZN-KZ	38.44
2 Lourette Seyffert	35	NW-NW	42.68
3 Tony Ferreira	47	NW-NW	45.64
4 Kellee Greig	31	NW-NW	45.89
5 Sanet Du Plessis	40	NW-NW	46.92
6 Annemarie Flemming	36	NW-NW	59.38
7 Natasha Fobian	31	NW-NW	1:00.25

#236 Men 29&U 50 Meter Free Downs Syndrome			
Name	Age	Team	Finals Time
1 Jan-Herman Els	18	GAUTE-CG	34.31
2 Hylton Heggie	27	KZN-KZ	38.10
3 Justyn Dama	22	GAUTE-CG	45.29
4 Jacques Dupoint	26	GAUTE-CG	45.81
5 Cornel Lourens	25	GAUTE-CG	53.17

#236 Men 30&O 50 Meter Free Downs Syndrome			
Name	Age	Team	Finals Time
1 Sean O'Neill	33	KZN-KZ	34.72
2 Hannes-Walt DE Klerk	37	NW-NW	37.38
3 Jaco Jordaan	32	NW-NW	41.73
4 Kosie Schoeman	31	GAUTE-CG	41.86
5 Karl Hebbelmann	30	KZN-KZ	42.02
6 Stephan Vorster	35	NW-NW	53.71

#237 Women 19&U 50 Meter Free Downs Syndrome			
Name	Age	Team	Finals Time
1 Minke Janse van Rensbu	13	WC-WP	44.03
2 Zora Wegerif	16	GAUTE-CG	53.51
3 Marne Kock	19	NW-NW	1:03.30

#237 Women 20&O 50 Meter Free Downs Syndrome			
Name	Age	Team	Finals Time
1 Melisa O'Neill	26	KZN-KZ	39.92
2 Jennifer Higgins	34	KZN-KZ	41.05
3 Rentia Oosthuizen	25	EP-EP	50.46
4 Leanette Nortje	29	NW-NW	57.37
5 Jade Plescia	28	NW-NW	59.88
6 Sanet Du Plessis DS	37	NW-NW	1:04.58

#238 Men 19&U 200 Meter IM Intellectually Impai			
Name	Age	Team	Finals Time
1 Jaco Brits	17	MP-MP	3:19.20
2 Manqoba Gumede	16	KZN-KZ	3:52.74
3 Gert Esterhuizen	17	MP-MP	4:08.19
4 Owethu Hlongwane	13	KZN-KZ	4:56.18
--- Lyanda Zondo	16	KZN-KZ	DQ
--- Nkululeko Mkhwanazi	16	KZN-KZ	DQ

#238 Men 20&O 200 Meter IM Intellectually Impai			
Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	2:32.71
2 Raymond De Freitas	28	MP-MP	2:53.26
--- David Coates	39	KZN-KZ	DQ
--- Katlego Webster	23	NW-NW	DQ

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#351 Men 16-19 100 Meter IM Intellectually Impai

5	Tyron Coetzee	16	MP-MP	1:42.98
6	Gert Esterhuizen	17	MP-MP	1:50.28
7	Nkululeko Mkhwanazi	16	KZN-KZ	1:53.36
---	Kwanele Gumede	18	KZN-KZ	DQ

#351 Men 20&O 100 Meter IM Intellectually Impai

Name	Age	Team	Finals Time	
1	Aaron Putz	21	KZN-KZ	1:14.02
2	Raymond De Freitas	28	MP-MP	1:20.61
3	Katlego Webster	23	NW-NW	1:26.56
4	David Coates	39	KZN-KZ	1:26.95
5	Bongani Letsebe	21	MP-MP	1:42.00

#352 Women 29&U 100 Meter IM Intellectually Imp

Name	Age	Team	Finals Time	
1	Mia Van der Merwe	19	WC-WP	1:50.78
2	Bronwyn Ramathula	28	KZN-KZ	1:52.19
3	Mariska Dercksen	17	MP-MP	2:12.30
4	Hetta Jacobs	29	NW-NW	2:15.61
---	Nasyi Strauss	17	MP-MP	DQ

#352 Women 30&O 100 Meter IM Intellectually Imp

Name	Age	Team	Finals Time	
1	Cornelia Fowler	37	KZN-KZ	1:42.40
2	Lourette Seyffert	35	NW-NW	1:53.41
3	Kellee Greig	31	NW-NW	2:22.67

#353 Men 29&U 100 Meter IM Downs Syndrome

Name	Age	Team	Finals Time	
1	Jan-Herman Els	18	GAUTE-CG	1:27.37
2	Hylton Heggie	27	KZN-KZ	1:27.92

#353 Men 30&O 100 Meter IM Downs Syndrome

Name	Age	Team	Finals Time	
1	Sean O'Neill	33	KZN-KZ	1:26.88
2	Hannes-Walt DE Klerk	37	NW-NW	1:41.95
3	Karl Hebbelmann	30	KZN-KZ	1:42.09
4	Jaco Jordaan	32	NW-NW	1:56.34

#354 Women 100 Meter IM Downs Syndrome

Name	Age	Team	Finals Time	
1	Melisa O'Neill	26	KZN-KZ	1:41.03
2	Jennifer Higgins	34	KZN-KZ	1:41.70
3	Rentia Oosthuizen	25	EP-EP	1:52.78
4	Minke Janse van Rensbu	13	WC-WP	2:15.19

#355 Men 19&U 200 Meter Free Relay Mix Disability

Team	Relay	Finals Time	
1	KZN-KZ	A	2:10.00
	Lwandile Mvelase 18	Lyanda Zondo 16	
	Mfanafuthi Mantengu 15	Manqoba Gumede 16	
2	KZN-KZ	B	2:33.93
	Nkululeko Mkhwanazi 16	Kwanele Gumede 18	
	Brandon Roux 15	Shaun Wilken 14	
---	EP-EP	A	DQ
	Sipamandla Bambatha 16	Mandilakhe Batala 16	
	Luthando Dwenga 15	Anele Dlakiya 14	
---	GAUTE-CG	A	DQ
	Mosi Kwebane 18	Cleavant Arends 16	
	Justyn Dama 22	Jan-Herman Els 18	

#355 Men 20&O 200 Meter Free Relay Mix Disability

Team	Relay	Finals Time	
1	NW-NW	A	2:10.28
	Katlego Webster 23	Baren Davids 21	
	Charles Botha 34	Victor Davids 16	
2	KZN-KZ	C	2:10.56
	David Coates 39	Sean O'Neill 33	
	Hylton Heggie 27	Aaron Putz 21	
3	MP-MP	B	2:11.03
	Jaco Brits 17	Gert Esterhuizen 17	
	Tyron Coetzee 16	Raymond De Freitas 28	
4	NW-NW	B	2:30.96
	Shawn Combrinck 29	Hannes-Walt DE Klerk 37	
	Aubrey James 17	Hannes Gouws 45	
5	NW-NW	D	2:52.14
	Daniel Makhubu 18	Kutlwonom Dlamini 15	
	Ryno van Rooyen 41	Jaco Jordaan 32	
6	NW-NW	C	3:11.36
	Pakiso Matlou 19	Stefan Erwee 31	
	Kamogelo Masele 20	Stephan Vorster 35	
7	GAUTE-CG	B	3:14.71
	Tumelo Tauhali 15	Simeon Steyn 19	
---	MP-MP	A	DQ
	Okuhle Mke 17	Kamogelo Mapedi 15	
	Keanu Alves 17	Bongani Letsebe 21	

#356 Women 19&U 200 Meter Free Relay Mix Disability

Team	Relay	Finals Time	
1	EP-EP	A	3:05.99
	Rentia Oosthuizen 25	Nonjabulo Mbozini 22	

#356 Women 20&O 200 Meter Free Relay Mix Disability

Team	Relay	Finals Time	
1	KZN-KZ	A	2:37.70
	Cornelia Fowler 37	Melisa O'Neill 26	
	Jennifer Higgins 34	Bronwyn Ramathula 28	
2	NW-NW	A	2:55.35
	Aluska Brits 27	Hetta Jacobs 29	
	Lourette Seyffert 35	Kellee Greig 31	
3	MP-MP	A	3:17.68
	Mariska Dercksen 17	Charleen van Rooyen 17	
	Nadien Rawstome 15	Nasyi Strauss 17	
4	NW-NW	C	3:40.41
	Leanne Nortje 29	Tony Ferreira 47	
	Jade Plescia 28	Marne Kock 19	
5	NW-NW	B	3:49.52
	Sanet Du Plessis 40	Annemarie Flemming 36	
	Sharozade Brummer 35	Natasha Fobian 31	

#357 Mixed 19&U 200 Meter Free Relay Mix Disability

Team	Relay	Finals Time	
1	MP-MP	A	2:42.99
	Nasyi Strauss W17	Tyron Coetzee M16	
	Jaco Brits M17	Mariska Dercksen W17	
2	MP-MP	C	3:21.67
	Gert Esterhuizen M17	Jade-Ann Hubbard W16	
	Temosho Monareng W17	Keanu Alves M17	

#357 Mixed 20&O 200 Meter Free Relay Mix Disability

Team	Relay	Finals Time	
1	KZN-KZ	A	2:21.02
	David Coates M39	Melisa O'Neill W26	
	Cornelia Fowler W37	Aaron Putz M21	

2	NW-NW	A	2:27.71
	Katlego Webster M23	Aluska Brits W27	
	Baren Davids M21	Lourette Seyffert W35	
3	NW-NW	B	2:43.70
	Victor Davids M16	Hetta Jacobs W29	
	Charles Botha M34	Kellee Greig W31	
4	MP-MP	B	2:59.91
	Charleen van Rooyen W17	Raymond De Freitas M28	
	Bongani Letsebe M21	Nadien Rawstome W15	
5	NW-NW	C	3:20.42
	Hannes-Walt DE Klerk M37	Leanne Nortje W29	
	Jaco Jordaan M32	Jade Plescia W28	
6	EP-EP	A	3:28.86
	Mandilakhe Batala M16	Nonjabulo Mbozini W22	
	Rentia Oosthuizen W25	Sipamandla Bambatha M16	
---	KZN-KZ	B	DQ
	Hylton Heggie M27	Bronwyn Ramathula W28	
	Jennifer Higgins W34	Sean O'Neill M33	

#458 Men 19&U 200 Meter Free Intellectually Impai

Name	Age	Team	Finals Time	
1	Jaco Brits	17	MP-MP	2:48.03
2	Lwandile Mvelase	18	KZN-KZ	3:09.40
3	Lyanda Zondo	16	KZN-KZ	3:25.67
4	Owethu Hlongwane	13	KZN-KZ	3:57.30

#458 Men 20-29 200 Meter Free Intellectually Impai

Name	Age	Team	Finals Time	
1	Aaron Putz	21	KZN-KZ	2:17.11
2	Raymond De Freitas	28	MP-MP	2:30.21
3	Shawn Combrinck	29	NW-NW	3:54.64

#458 Men 30&O 200 Meter Free Intellectually Impai

Name	Age	Team	Finals Time	
1	David Coates	39	KZN-KZ	2:45.32
2	Charles Botha	34	NW-NW	3:35.93
3	Hannes Gouws	45	NW-NW	3:37.69

#459 Women 19&U 200 Meter Free Intellectually Impai

Name	Age	Team	Finals Time	
1	Mia Van der Merwe	19	WC-WP	3:26.80
---	Nasyi Strauss	17	MP-MP	DQ

#459 Women 20-29 200 Meter Free Intellectually Impai

Name	Age	Team	Finals Time	
1	Bronwyn Ramathula	28	KZN-KZ	3:23.71
2	Aluska Brits	27	NW-NW	3:49.95
3	Hetta Jacobs	29	NW-NW	3:57.33

#459 Women 30&O 200 Meter Free Intellectually Impai

Name	Age	Team	Finals Time	
1	Cornelia Fowler	37	KZN-KZ	3:05.75
2	Lourette Seyffert	35	NW-NW	3:19.85
3	Sanet Du Plessis	40	NW-NW	4:10.21

#460 Men 29&U 200 Meter Free Downs Syndrome

Name	Age	Team	Finals Time	
1	Jan-Herman Els	18	GAUTE-CG	2:52.63
2	Hylton Heggie	27	KZN-KZ	3:07.15

#460 Men 30&O 200 Meter Free Downs Syndrome

Name	Age	Team	Finals Time	
1	Hannes-Walt DE Klerk	37	NW-NW	3:33.70
2	Karl Hebbelmann	30	KZN-KZ	3:35.03
3	Jaco Jordaan	32	NW-NW	3:42.08

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#461 Women 20-29 200 Meter Free Downs Syndrome

Name	Age	Team	Finals Time
1 Melisa O'Neill	26	KZN-KZ	3:10.16
2 Rentia Oosthuizen	25	EP-EP	3:59.30

#461 Women 30&O 200 Meter Free Downs Syndrome

Name	Age	Team	Finals Time
1 Jennifer Higgins	34	KZN-KZ	3:32.62

#462 Men 15&U 25 Meter Free Intellectually Impai

Name	Age	Team	Finals Time
1 Brandon Roux	15	KZN-KZ	17.16
2 Thini Gordon	15	GAUTE-CG	17.91
3 Phumlani Sibisi	15	KZN-KZ	19.01
4 Kamogelo Mapedi	15	MP-MP	19.38
5 Bonolo Mathusi	14	GAUTE-CG	20.15
6 Tumelo Tauhali	15	GAUTE-CG	20.80
7 Thembinkosi Fundani	13	GAUTE-CG	22.01
8 Luthando Dwenga	15	EP-EP	23.01
9 Anele Dlakiya	14	EP-EP	23.20
10 Smangaliso Ngeleka	13	KZN-KZ	24.55
11 Lindokuhle Xulu	15	GAUTE-CG	25.60

#462 Men 16-17 25 Meter Free Intellectually Impai

Name	Age	Team	Finals Time
1 Sipamandla Bambatha	16	EP-EP	16.68
2 Okuhle Mke	17	MP-MP	20.41
3 Mandilakhe Batala	16	EP-EP	24.92

#462 Men 18-19 25 Meter Free Intellectually Impai

Name	Age	Team	Finals Time
1 Pakiso Matlou	19	NW-NW	16.12
2 Mojalefa Molotsi	19	NW-NW	19.35
3 Mduduzi Magudulela	19	GAUTE-CG	19.82

#462 Men 20&O 25 Meter Free Intellectually Impai

Name	Age	Team	Finals Time
1 Kamogelo Masele	20	NW-NW	15.96
2 Mogomotsi Ncube	20	NW-NW	18.10
3 Stefan Erwee	31	NW-NW	24.04

#463 Women 19&U 25 Meter Free Intellectually Impai

Name	Age	Team	Finals Time
1 Mary-ann Venter	17	NW-NW	18.28
2 Charleen van Rooyen	17	MP-MP	20.79
3 Nadien Rawstome	15	MP-MP	20.87
4 Jade-Ann Hubbard	16	MP-MP	28.42
5 Temoshlo Monareng	17	MP-MP	28.77

#463 Women 20&O 25 Meter Free Intellectually Impai

Name	Age	Team	Finals Time
1 Tony Ferreira	47	NW-NW	18.86
2 Annemarie Flemming	36	NW-NW	26.52
3 Sharozade Brummer	35	NW-NW	27.27

#464 Men 19&U 25 Meter Free Downs Syndrome

Name	Age	Team	Finals Time
1 Simeon Steyn	19	GAUTE-CG	19.06
2 Erwin Pouwels	13	GAUTE-CG	26.58

#464 Men 20&O 25 Meter Free Downs Syndrome

Name	Age	Team	Finals Time
1 Justyn Dama	22	GAUTE-CG	19.92
2 Ryno van Rooyen	41	NW-NW	21.78
3 Stephan Vorster	35	NW-NW	24.03
4 Cornel Lourens	25	GAUTE-CG	25.98

#465 Women 19&U 25 Meter Free Downs Syndrome

Name	Age	Team	Finals Time
1 Minke Janse van Rensbu	13	WC-WP	20.51
2 Zora Wegerif	16	GAUTE-CG	22.10
3 Marne Kock	19	NW-NW	28.45
4 Chelize Henry	12	GAUTE-CG	29.53

#466 Men 15&U 50 Meter Fly Intellectually Impai

Name	Age	Team	Finals Time
1 Shaun Wilken	14	KZN-KZ	46.69
2 Owethu Hlongwane	13	KZN-KZ	1:10.54

#466 Men 16-17 50 Meter Fly Intellectually Impai

Name	Age	Team	Finals Time
1 Jaco Brits	17	MP-MP	37.83
2 Manqoba Gumede	16	KZN-KZ	40.42
3 Gert Esterhuizen	17	MP-MP	46.40
4 Lyanda Zondo	16	KZN-KZ	47.15
5 Nkululeko Mkhwanazi	16	KZN-KZ	47.92

#466 Men 18-19 50 Meter Fly Intellectually Impai

Name	Age	Team	Finals Time
1 Lwandile Mvelase	18	KZN-KZ	40.56

#466 Men 20&O 50 Meter Fly Intellectually Impai

Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	32.27
2 David Coates	39	KZN-KZ	33.89
3 Raymond De Freitas	28	MP-MP	34.15
4 Katlego Webster	23	NW-NW	42.36
5 Bongani Letsebe	21	MP-MP	47.67
--- Shawn Combrinck	29	NW-NW	DQ

#467 Women 19&U 50 Meter Fly Intellectually Impai

Name	Age	Team	Finals Time
1 Nasyi Strauss	17	MP-MP	58.01
2 Mariska Dercksen	17	MP-MP	1:06.18

#467 Women 20&O 50 Meter Fly Intellectually Impai

Name	Age	Team	Finals Time
1 Cornelia Fowler	37	KZN-KZ	51.86
2 Bronwyn Ramathula	28	KZN-KZ	54.74
3 Aluska Brits	27	NW-NW	57.52
4 Kellee Greig	31	NW-NW	1:00.93
5 Hetta Jacobs	29	NW-NW	1:07.64

#468 Men 29&U 50 Meter Fly Downs Syndrome

Name	Age	Team	Finals Time
1 Hylton Heggie	27	KZN-KZ	39.55
2 Jan-Herman Els	18	GAUTE-CG	40.74
3 Justyn Dama	22	GAUTE-CG	57.64

#468 Men 30&O 50 Meter Fly Downs Syndrome

Name	Age	Team	Finals Time
1 Sean O'Neill	33	KZN-KZ	38.54
2 Hannes-Walt DE Klerk	37	NW-NW	43.88
3 Jaco Jordaan	32	NW-NW	1:01.78

#469 Women 50 Meter Fly Downs Syndrome

Name	Age	Team	Finals Time
1 Jennifer Higgins	34	KZN-KZ	48.21
2 Melisa O'Neill	26	KZN-KZ	51.90
3 Rentia Oosthuizen	25	EP-EP	55.88
4 Minke Janse van Rensbu	13	WC-WP	1:03.93
5 Leanette Nortje	29	NW-NW	1:11.33
--- Jade Plescia	28	NW-NW	DQ

#470 Men 19&U 100 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Jaco Brits	17	MP-MP	1:36.94
2 Keanu Alves	17	MP-MP	1:55.21
3 Manqoba Gumede	16	KZN-KZ	1:57.31
4 Gert Esterhuizen	17	MP-MP	1:57.52
5 Tyron Coetzee	16	MP-MP	1:58.53

#470 Men 20&O 100 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	1:15.51
2 Raymond De Freitas	28	MP-MP	1:20.64
3 David Coates	39	KZN-KZ	1:24.66
4 Katlego Webster	23	NW-NW	1:42.93
5 Bongani Letsebe	21	MP-MP	1:51.83

#471 Women 19&U 100 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Nasyi Strauss	17	MP-MP	2:12.24
2 Mariska Dercksen	17	MP-MP	2:15.71
3 Charleen van Rooyen	17	MP-MP	2:23.81
--- Mia Van der Merwe	19	WC-WP	DQ

#471 Women 20&O 100 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Cornelia Fowler	37	KZN-KZ	1:46.15
2 Lourette Seyffert	35	NW-NW	1:49.77
3 Bronwyn Ramathula	28	KZN-KZ	1:56.89
4 Hetta Jacobs	29	NW-NW	2:05.75
5 Aluska Brits	27	NW-NW	2:09.44

#472 Men 29&U 100 Meter Back Downs Syndrome

Name	Age	Team	Finals Time
1 Jan-Herman Els	18	GAUTE-CG	1:37.94
2 Hylton Heggie	27	KZN-KZ	1:53.81

#472 Men 30&O 100 Meter Back Downs Syndrome

Name	Age	Team	Finals Time
1 Sean O'Neill	33	KZN-KZ	1:40.62
2 Karl Hebbelmann	30	KZN-KZ	1:49.76
3 Jaco Jordaan	32	NW-NW	2:07.87
4 Hannes-Walt DE Klerk	37	NW-NW	2:15.99

#473 Women 20-29 100 Meter Back Downs Syndrome

Name	Age	Team	Finals Time
1 Melisa O'Neill	26	KZN-KZ	1:52.54
2 Rentia Oosthuizen	25	EP-EP	2:00.85

#473 Women 30&O 100 Meter Back Downs Syndrome

Name	Age	Team	Finals Time
1 Jennifer Higgins	34	KZN-KZ	1:48.66

#574 Men 19&U 200 Meter Breast Intellectually Impai

Name	Age	Team	Finals Time
1 Jaco Brits	17	MP-MP	3:36.43
2 Manqoba Gumede	16	KZN-KZ	4:15.43

#574 Men 20&O 200 Meter Breast Intellectually Impai

Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	2:49.96
2 Raymond De Freitas	28	MP-MP	3:09.08
3 David Coates	39	KZN-KZ	3:43.68

#575 Women 200 Meter Breast Intellectually Impai

Name	Age	Team	Finals Time
1 Cornelia Fowler	37	KZN-KZ	3:58.64

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#575 Women 200 Meter Breast Intellectually Impai

2	Mia Van der Merwe	19	WC-WP	4:51.79
3	Mariska Dercksen	17	MP-MP	5:30.15

#576 Men 200 Meter Breast Downs Syndrome

Name	Age	Team	Finals Time
1 Jan-Herman Els	18	GAUTE-CG	3:41.70
2 Sean O'Neill	33	KZN-KZ	3:46.60
3 Hannes-Walt DE Klerk	37	NW-NW	4:09.02
4 Karl Hebbelmann	30	KZN-KZ	4:16.57
5 Hylton Heggie	27	KZN-KZ	4:17.01

#577 Women 200 Meter Breast Downs Syndrome

Name	Age	Team	Finals Time
1 Melisa O'Neill	26	KZN-KZ	3:53.64
2 Rentia Oosthuizen	25	EP-EP	4:09.85
3 Jennifer Higgins	34	KZN-KZ	4:17.64

#578 Men 15&U 50 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Shaun Wilken	14	KZN-KZ	56.51
2 Kutlwanom Dlamini	15	NW-NW	57.08
3 Mfanafuthi Mantengu	15	KZN-KZ	59.02
4 Owethu Hlongwane	13	KZN-KZ	1:07.80
--- Kamogelo Mapedi	15	MP-MP	DQ
--- Phumlani Sibisi	15	KZN-KZ	DQ

#578 Men 16-17 50 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Manqoba Gumede	16	KZN-KZ	43.28
2 Jaco Brits	17	MP-MP	44.79
3 Aubrey James	17	NW-NW	45.94
4 Gert Esterhuizen	17	MP-MP	46.78
5 Keanu Alves	17	MP-MP	47.06
6 Tyron Coetzee	16	MP-MP	52.87
7 Lyanda Zondo	16	KZN-KZ	53.06
8 Okuhle Mke	17	MP-MP	58.08
9 Nkululeko Mkhwanazi	16	KZN-KZ	1:08.73
--- Victor Davids	16	NW-NW	DQ

#578 Men 18-19 50 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Mosi Kwebane	18	GAUTE-CG	43.76
2 Pakiso Matlou	19	NW-NW	49.02
3 Lwandile Mvelase	18	KZN-KZ	53.56
--- Kwanele Gumede	18	KZN-KZ	DQ

#578 Men 20&O 50 Meter Back Intellectually Impai

Name	Age	Team	Finals Time
1 Aaron Putz	21	KZN-KZ	36.66
2 Raymond De Freitas	28	MP-MP	38.82
3 David Coates	39	KZN-KZ	40.03
4 Katlego Webster	23	NW-NW	43.49
5 Hannes Gouws	45	NW-NW	47.73
6 Bongani Letsebe	21	MP-MP	49.39
7 Charles Botha	34	NW-NW	52.11
8 Shawn Combrinck	29	NW-NW	1:06.43

#579 Women 19&U 50 Meter Back Intellectually Imp

Name	Age	Team	Finals Time
1 Mia Van der Merwe	19	WC-WP	51.99
2 Nasyi Strauss	17	MP-MP	59.50
3 Mariska Dercksen	17	MP-MP	1:04.54
4 Charleen van Rooyen	17	MP-MP	1:05.62
5 Nadien Rawstome	15	MP-MP	1:10.65

6	Jade-Ann Hubbard	16	MP-MP	1:22.30
7	Temosho Monareng	17	MP-MP	1:28.04

#579 Women 20-29 50 Meter Back Intellectually Imp

Name	Age	Team	Finals Time
1 Bronwyn Ramathula	28	KZN-KZ	53.87
2 Aluska Brits	27	NW-NW	57.31
3 Hetta Jacobs	29	NW-NW	58.29

#579 Women 30&O 50 Meter Back Intellectually Imp

Name	Age	Team	Finals Time
1 Lourette Seyffert	35	NW-NW	50.54
2 Cornelia Fowler	37	KZN-KZ	51.95
3 Tony Ferreira	47	NW-NW	1:00.90
4 Sanet Du Plessis	40	NW-NW	1:04.44
5 Annemarie Flemming	36	NW-NW	1:14.99

#580 Men 29&U 50 Meter Back Downs Syndrome

Name	Age	Team	Finals Time
1 Jan-Herman Els	18	GAUTE-CG	47.77
2 Hylton Heggie	27	KZN-KZ	50.98

#580 Men 30&O 50 Meter Back Downs Syndrome

Name	Age	Team	Finals Time
1 Sean O'Neill	33	KZN-KZ	48.23
2 Karl Hebbelmann	30	KZN-KZ	51.45
3 Hannes-Walt DE Klerk	37	NW-NW	56.38
4 Jaco Jordaan	32	NW-NW	58.18
5 Kosie Schoeman	31	GAUTE-CG	58.81
6 Stephan Vorster	35	NW-NW	1:09.04

#581 Women 50 Meter Back Downs Syndrome

Name	Age	Team	Finals Time
1 Jennifer Higgins	34	KZN-KZ	49.88
2 Melisa O'Neill	26	KZN-KZ	52.35
3 Rentia Oosthuizen	25	EP-EP	56.73
4 Minke Janse van Rensburg	13	WC-WP	1:03.37
5 Leanette Nortje	29	NW-NW	1:05.54

#582 Men 19&U 200 Meter Medley Relay Mix Disab

Team	Relay	Finals Time
1 KZN-KZ	B	2:53.15
Mfanafuthi Mantengu 15	Manqoba Gumede 16	
Lwandile Mvelase 18	Lyanda Zondo 16	
2 KZN-KZ	C	3:35.43
Kwanele Gumede 18	Phumlani Sibisi 15	
Nkululeko Mkhwanazi 16	Smgangaliso Ngeleka 13	

#582 Men 20&O 200 Meter Medley Relay Mix Disab

Team	Relay	Finals Time
1 KZN-KZ	A	2:33.18
David Coates 39	Hylton Heggie 27	
Aaron Putz 21	Sean O'Neill 33	
2 MP-MP	A	2:41.49
Gert Esterhuizen 17	Raymond De Freitas 28	
Jaco Brits 17	Keanu Alves 17	
3 GAUTE-CG	A	3:13.15
Jan-Herman Els 18	Cleavant Arends 16	
Mosi Kwebane 18	Justyn Dama 22	
4 MP-MP	B	3:27.10
Okuhle Mke 17	Tyron Coetzee 16	
Bongani Letsebe 21	Kamogelo Mapedi 15	
--- NW-NW	B	DQ
Kutlwanom Dlamini 15	Victor Davids 16	
Hannes-Walt DE Klerk 37	Hannes Gouws 45	

--- NW-NW	A	DQ
Charles Botha 34	Aubrey James 17	
Katlego Webster 23	Baren Davids 21	

#583 Women 20&O 200 Meter Medley Relay Mix Di

Team	Relay	Finals Time
1 KZN-KZ	A	3:12.16
Cornelia Fowler 37	Melisa O'Neill 26	
Jennifer Higgins 34	Bronwyn Ramathula 28	
2 NW-NW	A	3:30.50
Hetta Jacobs 29	Aluska Brits 27	
Lourette Seyffert 35	Kellee Greig 31	
3 MP-MP	A	4:02.38
Charleen van Rooyen 17	Mariska Dercksen 17	
Nasyi Strauss 17	Nadien Rawstome 15	
4 NW-NW	B	4:56.25
Marne Kock 19	Sharozade Brummer 35	
Leanette Nortje 29	Jade Plescica 28	

#584 Mixed 20&O 200 Meter Medley Relay Mix Dis

Team	Relay	Finals Time
1 KZN-KZ	A	2:42.34
David Coates M39	Cornelia Fowler W37	
Aaron Putz M21	Bronwyn Ramathula W28	
2 KZN-KZ	B	2:59.76
Jennifer Higgins W34	Melisa O'Neill W26	
Hylton Heggie M27	Sean O'Neill M33	
3 MP-MP	A	3:14.54
Nasyi Strauss W17	Raymond De Freitas M28	
Jaco Brits M17	Mariska Dercksen W17	
4 MP-MP	B	3:32.20
Charleen van Rooyen W17	Tyron Coetzee M16	
Bongani Letsebe M21	Nadien Rawstome W15	
5 NW-NW	A	3:37.75
Lourette Seyffert W35	Aubrey James M17	
Baren Davids M21	Aluska Brits W27	
6 NW-NW	B	3:43.41
Hetta Jacobs W29	Kellee Greig W31	
Katlego Webster M23	Charles Botha M34	
7 NW-NW	C	3:52.90
Sanet Du Plessis W40	Marne Kock W19	
Hannes-Walt DE Klerk M37	Jaco Jordaan M32	
8 EP-EP	A	3:59.72
Mandilakhe Batala M16	Nonjabulo Mbozini W22	
Rentia Oosthuizen W25	Sipamandla Bambatha M16	